Terms and Conditions for Retreats

Terms and Conditions for individuals participating in retreats in nature

Payment Conditions

- To book your spot in a retreat, you will be asked to pay a non-refundable deposit of € 500,- .
- The balance payment is due no later than 12 weeks before the retreat start day.

Cancellation Conditons

For places paid and then cancelled the following cancellation conditions apply:

- Your deposit of € 500,- is non-refundable.
- Your cancellation more than 12 weeks before the start of the retreat; refund of 50% of the total amount minus the deposit of € 500,-.
- Your cancellation up to 12 weeks before the start of the retreat; no refund will be given.

Insurances

I declare I have understood clearly I have to arrange my own insurances, including and not limited to travel insurance, health insurance and cancellation insurance.

Liability and unforeseen circumstances

- Due to unforeseen situations, we reserve the right to make changes to the retreat program.
- The power of time off, Ingrid Valks and its companies and its partners accept no liability for loss, damage, injury or illness, which may occur while at the retreat or travelling to or from the retreat location or during the period after the retreat.
- I take full responsibility for myself in body and mind and spirit during and after this retreat and on my way to and from the retreat location. Any liability of the retreat facilitator(s) is excluded. I participate at my own risk.

I declare I have read and understood and agree with the above.

Terms and Conditions for individuals participating in online retreats

Payment Conditions

- To book your spot in an online retreat you will be asked to pay the full payment.

Cancellation Conditons

For places paid and then cancelled the following cancellation conditions apply:

- Your cancellation more than 4 weeks before the start of the online retreat; refund of 50% of the total amount.
- Your cancellation up to 4 weeks before the start of the online retreat; no refund will be given.

Liability and unforeseen circumstances

- Due to unforeseen situations, we reserve the right to make changes to the program.
- The power of time off, Ingrid Valks and its companies and its partners accept no liability for damage, injury or illness, which may occur because of your participation in the online retreat, during and after the online retreat.
- I take full responsibility for myself in body and mind and spirit during and after this retreat. Any liability of the retreat facilitator(s) is excluded. I participate at my own risk.

I declare I have read and understood and agree with the above.

August 2025